

Decision Maker: HEALTH AND WELLBEING BOARD

Date: 30th March 2023

Title: Bromley Joint Mental Health and Wellbeing Strategy (2020-25) – Update – March 2023

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Ward: Borough wide

1. BROMLEY MENTAL HEALTH AND WELLBEING STRATEGY (2020-25)

- 1.1. The Bromley Mental Health and Wellbeing Strategy (BMHWS) 2020-25 sets out a five-year delivery plan to make improvements across mental health and wellbeing services in the borough.
- 1.2. At the heart of the BMHWS are the voices of patients and service users who rely on good mental health services in Bromley. Since the BMHWS was adopted by Bromley Council and the local NHS it has ensured that patients and service users are at the forefront of designing their own service offer in Bromley.
- 1.3. The BMHWS sets out a joint vision to support communities and individuals to have improved mental health and wellbeing. This strategy sets out an approach in which the Council and local NHS will work together with partners to prevent children, young people and adults reaching a crisis point through the provision of a strong prevention and early intervention offer. It also puts in place a joint plan for the provision of a number of important services for people with mental health challenges, including good advice and information, talking therapies and counselling, employment and training schemes, mental health support in schools and supported housing.
- 1.4. The BMHWS is led by the Bromley Mental Health and Wellbeing Partnership Board, which is made of senior representation across Bromley mental health services. The specific actions for children and young people's services are being taken forward by the Children and Young People's Mental Health and Wellbeing Partnership Board. The Council and NHS South East London Integrated Care Board provide oversight to this work through Integrated Commissioning Board (ICB) and there is broader partnership ownership of the work also through the One Bromley Executive.
- 1.5. This is an update on progress to deliver the BMHWS action plan as set out in Appendix A.
- 1.6. The Bromley Mental Health and Wellbeing Strategy (2020-25) is set out in Appendix B.

Reason for report going to Health and Wellbeing Board

- 1.7. To update members.

2. SPECIFIC ACTION REQUIRED BY HEALTH AND WELLBEING BOARD AND ITS CONSTITUENT PARTNER ORGANISATIONS

2.1. To note progress to deliver the Bromley Mental Health and Wellbeing Strategy (2020-25).

Health & Wellbeing Strategy

1. Related priority: Dementia, Adults Mental Health, Homelessness, Drugs and Alcohol in Young People, Adolescent Mental Health, Learning Disabilities and Autism

Financial

1. Cost of proposal: Not Applicable:

2. Ongoing costs: Not Applicable:

3. Total savings: Not Applicable:

4. Budget host organisation: London Borough of Bromley/NHS South East London Integrated Care Board

5. Source of funding: Various including local authority funding and NHS funding sources.

6. Beneficiary/beneficiaries of any savings: Not Applicable

Supporting Public Health Outcome Indicator(s)

Various – can be provided by public health team on request.

3. COMMENTARY

4.1 See Appendix 1.

4. IMPACT ON VULNERABLE PEOPLE AND CHILDREN

4.1. Maintaining good mental health can be a delicate balance and many people require health, care and/or support to make healthy choices and to cope with stress and anxiety. Whilst access to treatment or recovery and rehabilitation is crucial, the first and foremost need for many people is to be able to get help prior to requiring these services. The Council and the local NHS will work with partners across the mental health system to develop a cohesive mental health system which ensures that people experiencing mental health challenges are able to receive the support they need to stay well and to live independently in the community. The overarching vision for Bromley mental health and wellbeing services was developed in consultation with patients and service users.

5. FINANCIAL IMPLICATIONS

5.1. Not Applicable

6. LEGAL IMPLICATIONS

7.1 Not Applicable.

7. IMPLICATIONS FOR OTHER GOVERNANCE ARRANGEMENTS, BOARDS AND PARTNERSHIP ARRANGEMENTS, INCLUDING ANY POLICY AND FINANCIAL CHANGES, REQUIRED TO PROCESS THE ITEM

8.1 Progress to deliver the Bromley Mental Health and Wellbeing Strategy is reported on a regular basis to Integrated Commissioning Board (ICB) and the One Bromley Executive.

8. COMMENT FROM THE DIRECTOR OF AUTHOR ORGANISATION

9.1 No additional commentary necessary.

Non-Applicable Sections:	<p>Commentary, Financial and Legal Implications, Implications for other</p> <p>Governance Arrangements, Boards and Partnership Arrangements, including any Policy and Financial</p> <p>Changes required to Process the Item, Comment from the Director of Author Organisation.</p>
Background Documents: (Access via Contact Officer)	Bromley Mental Health and Wellbeing Strategy 2020-25